

**Theme:** Character Education  
**Main Idea:** Excellence in sports isn't measured only by athletic skill



**Activity:**  
Building character by creating a sport



**Main Idea:** Excellence in sports isn't measured only by athletic skill. Sportsmanship, honesty and consideration are just as important. **Instructions:** With a partner, look through USA TODAY's Sports section and identify two sports that interest both of you. Write down three basic rules for each. Then, come up with a new game, designed for six people, combining elements of the sports you identified. Use at least two of the rules you wrote down (add others as needed). Organize a game of your new sport with four of your classmates.

Sport #1: \_\_\_\_\_

Sport #2: \_\_\_\_\_

Rule #1 _____
Rule #2 _____
Rule #3 _____

Rule #1 _____
Rule #2 _____
Rule #3 _____

New sport: \_\_\_\_\_

Rule #1 \_\_\_\_\_

Rule # 2 \_\_\_\_\_

Additional rules \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Discussion:** Did the first game of your new sport go as you expected? Did you have to change or add rules as it went along? Were there any disagreements over the rules? How did you settle them? If you had the chance to begin this activity again, what would you do differently? Why?

**Activity:** Imagine your new sport has become popular enough to spawn a professional league. Adopt the role of league commissioner. Then, on the back of this page, describe how you would deal with a player who was caught cheating in one of your games. Include your opinion on the importance of sportsmanship, honesty and consideration in sports and conclude by giving one recommendation to the player for improving his or her future conduct.